

Daily Diary /  
TEACHING RECORDS

Ajay Kumar Patel  
(Asstt. Professor)

HOME SCIENCE  
Govt. Indira Kenwaf Girls College  
Kanker (C.G.)

2017-18

  
**PRINCIPAL**  
Govt. Girls College Kanker  
Distt. Kanker (C. G.)

Govt. Indira Kanya  
 10th Done  
 G.A. - I

College for Women (C.G.)  
 10th Month / Day  
 G.A. - II

10th Month / Day  
 G.A. - III

Date	G.A. - I	G.A. - II	G.A. - III	Remarks
01/09/12				
02/09/12				
03/09/12				
04/09/12				
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26/09/12				
27/09/12				
28/09/12				
29/09/12				
30/09/12				

Principal  
 Govt. Indira Kanya  
 10th Month / Day

Govt. JNU New Delhi Gush  
 TEACHERS  
 Mark sheet

College Kanhera (CG)  
 Records  
 The month/day

March 2018

Date	S.A. - I	S.A. - II	S.A. - III	Other Activities	Remarks
01/03/18		H O L I D			
02/03/18					
03/03/18		S U N D			
04/03/18	H.Sc. Education policy				
05/03/18	Relevance to H.Sc.				
06/03/18	Programme planning concept				
07/03/18					
08/03/18	Scope of H.Sc.				
09/03/18	Grade area of H.Sc.	S U N D			
10/03/18					
11/03/18	CNS disorders/ functions				
12/03/18	Special sense				
13/03/18	Afferent & Efferent Nerves				
14/03/18	CVS				
15/03/18	Respiratory system				
16/03/18	Reproductive system				
17/03/18		S U N D			
18/03/18	Ext. Edu. process				
19/03/18	Qualities of ext. workers				
20/03/18	Principles of community				
21/03/18	Immunity				
22/03/18	Personal Hygiene				
23/03/18	Social Hygiene	S U N D			
24/03/18					
25/03/18	Co-operative ext. work				
26/03/18	Programme planning				
27/03/18	Principles/ steps				
28/03/18					
29/03/18					
30/03/18					
31/03/18					

International Women's Day Celebration

Entertainment/ coaching/ tutorial  
 29-31 March 2018

PRINCIPAL  
 Govt. Girls College Kanhera  
 Dist. Kanhera (C. O.)

TEACHING RECORDS  
(Daily Diary)  
2021 - 2022

Home Science  
(BA - I / BA - II / BA - III)

Ajay Kumar Patel  
(Assistant professor)

Govt. Indira Kanya Girls College  
Kanker (C.G.)

Date	BA - II	BA - II	BA - I	Other Activity	Remarks
07/08/2021		S U N D A Y			
08/08/2021		Introduction of Human Resource Management			
09/08/2021		Human Resource			
10/08/2021		Physics/ resources			
11/08/2021		Psychology hierarchy of Need		University Board of studies Meeting	
12/08/2021		S . U . N . D . A . Y			
13/08/2021		Home M/n process			
14/08/2021		Role of home wife			
15/08/2021		Responsibilities home wife			
16/08/2021		S U N D A Y			
17/08/2021		Value			
18/08/2021		Goal			
19/08/2021		Status / relationship			
20/08/2021		Meaning, needs & Importance of Value, goal & status			
21/08/2021		S U N D A Y			
22/08/2021		Classification of value goal			
23/08/2021		Characteristics			
24/08/2021		"			
25/08/2021		Silent features			
26/08/2021		"			
27/08/2021		Decision making			
28/08/2021		Problem in decision making			
29/08/2021		S U N D A Y			
30/08/2021		Jam reform			
31/08/2021		Prophetic & Predictions			

Govt. Girl College, Feroze shah

RECORDS

September - 2021

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/09/2021	Fats & its functions	Decision making process			
02/09/2021	Minerals/elements	" "	Cells and their structure		
03/09/2021		" "	Tissue		
04/09/2021		" "	Types of bones		
05/09/2021	Water & its function	Home decoration - like principles of art	Classification of bones		
07/09/2021	Protein - comparison	Elements of art	Structure of bones		
08/09/2021	Types of proteins	" "	function of bones		
09/09/2021	General characteristics		Demonstration of bones		
10/09/2021	Test	Test			
11/09/2021		N D A Y	Demonstration of bones		
12/09/2021	Saturated fatty acids	Design - Intro	Muscular system - Introduction		
13/09/2021	Unsaturated fatty acids	Principles of design	General structure		
14/09/2021	Protein deficiency	Creative design	"		
15/09/2021	Water soluble vitamins	Decorative design	Types of muscle		
16/09/2021	Fat soluble vitamins	Differential design	Function of muscle		
17/09/2021	Importance of vitamins	Unit Test - I	Muscle mass comparison		
18/09/2021	Importance of vitamins	Unit Test - I	Unit Test - I		
19/09/2021	Importance of vitamins	Unit Test - I			
20/09/2021	Importance of vitamins	Unit Test - I			
21/09/2021	function of vit-C	Importance of vitamins			
22/09/2021					
23/09/2021					
24/09/2021					
25/09/2021					
26/09/2021					
27/09/2021					
28/09/2021					
29/09/2021					
30/09/2021					

Dr. Pankaj Kumar  
 Dist. Coll. Educ. (G.O.)  
 Dist. Coll. Educ. (G.O.)

Refresher course  
 Dr. Pankaj Kumar  
 Dist. Coll. Educ. (G.O.)

Dr. Pankaj Kumar  
 Dist. Coll. Educ. (G.O.)

Records

October - 2021

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/10/2021					
02/10/2021					
03/10/2021					
04/10/2021					
05/10/2021					
06/10/2021					
07/10/2021					
08/10/2021	function of B-complex	Effects of colour	Circulatory system - Introduct		Relaxation course (PRSU Roorkee) Have Science
09/10/2021	Types of V-complex	Colour combination	Artery structure		
10/10/2021	S	U N D A Y	Vein structure		
11/10/2021	Deplete Macranthems	Primary colour	Comparison of blood		
12/10/2021	cd. Fe, E	Secondary colour	Functions of blood		
13/10/2021	Phosphorus, chloride	Restless colour	Types of blood		
14/10/2021	Anaemia	Base colour			
15/10/2021					
16/10/2021					
17/10/2021	S	U N D A Y			
18/10/2021					
19/10/2021		Eid - Miladunnabi			
20/10/2021	Protein-energy		Blood groups		
21/10/2021	Malnutrition		RK table		
22/10/2021	Dehydration		Respiratory system		
23/10/2021	Unit Test - II	Unit Test - II	Unit Test - II: Introduction		
24/10/2021	S	U N D A Y			
25/10/2021	grrr or shoyog	Furniture - Intro	Organ of RS		
26/10/2021	F-Food groups	Selection of furniture	Nose: Mirth		
27/10/2021	Classification of food gr.	Importance of furniture	Palate: trachea structure		
28/10/2021	Cereals, pulses	Different furniture material	Green Exchange		
29/10/2021	Perboiling process	Home decor accessories	Respiratory: tree		
30/10/2021	Milling of rice	Caravan	Functions of RS		
31/10/2021	Health benefits of perboiling	Table cloth			

RECORDS

November - 29

Date	BA - II	BA - II	BA - I	Other activity	Remarks
01/11/2021	Clinical & Therapeutic Nutrition - I	Flower decoration - 1 hr	Digestive system - Introduction		
02/11/2021	Nutrition - I	" Pyber	Salivary gland		
03/11/2021	diurnal diet - I	" Principles	Mouth, Teeth structure		
04/11/2021	Semi-solid diet -	" uses & Importance			
05/11/2021	Soft diet -				
06/11/2021					
07/11/2021		Chhat Pura			
08/11/2021	Diabetes - Causes, sign & symp	Family resources	General introduction of Nutrients		
09/11/2021	Medical and Nutrition Management -	classification of resources	structure of stomach		
10/11/2021		Features of resources	" Riven		
11/11/2021					
12/11/2021	Anemia	Factors affecting the use of Resources	Structure of spleen		
13/11/2021	A-vitaminosis	Time concept	Gastric juice/ Enzyme		
14/11/2021	Protein - calorie Malnut	Time Management	Small & large intestine		
15/11/2021	Overweight	Guru Nanak Jayanti	pancreas - functions		
16/11/2021	Unit test - III	Unit test - III			
17/11/2021					
18/11/2021	live d/s - Pyber causes	Management - tools	Excretory system - Intro		
19/11/2021	" + Sign & Symptom	Resource & time M/N	function of kidney		
20/11/2021	" Dietary management	Time management plan	Nephron - S function		
21/11/2021	Peptic ulcer		parts of kidney		
22/11/2021	Indigestion	power dissipation	Urea cycle		
23/11/2021	Diabetes & dysuria	Resf			
24/11/2021	Constipation	N D A Y			
25/11/2021	High blood pressure	Value of power in various household part	Skin - 1 hr		
26/11/2021			Epithelium's & Dermis		



Date	BA - III	BA - II	RECORDS	BA - I	Other activity	Remarks
01/12/2021	Neuro planning	Power dissipation problem	functions of skin			
02/12/2021	principles of Neuro planning	Income - Inks	Neuron system - Intra			
03/12/2021	Affecting status of M.P. plan	Sources of Income	Structure of Neurons			
04/12/2021	Types of Neuron	Types of Income	Synaptic structure & function			
05/12/2021		Family budget -	Central Nervous System			
06/12/2021	Neuro planning based on	Savings	Peripheral Nervous System			
07/12/2021	Exclusively, D. plan	Expenditure	Sensory & motor nerves			
08/12/2021	Planning status of M.P. plan	Levels of living standard	functions of nerves			
09/12/2021	संरक्षित प्रकार के आवास	Account keeping	Rest			
10/12/2021	आवास की शक्ति		D. Nervous system Nerves			
11/12/2021	Exclusive brief feeding					
12/12/2021		N D A X				
13/12/2021	आवास का प्रकार	Kitchen - Inks	Special senses - Intro			
14/12/2021	आवास की शक्ति	Modern kitchen	Structure & function - Ear			
15/12/2021	आवास की शक्ति	Types of kitchen	" " Nose			
16/12/2021	आवास की शक्ति	Area of kitchen	" " Eye			
17/12/2021	आवास की शक्ति	Fuel - Inks	" " Tongue			
18/12/2021	आवास की शक्ति	Conventional & non-conventional	" " Hand/skin			
19/12/2021		N D A X				
20/12/2021	आवास की शक्ति	Solar Energy	Dermal hygiene			
21/12/2021	आवास की शक्ति	Water disinfection system	Sanitary hygiene			
22/12/2021	आवास की शक्ति	Air ventilation	Industrial hygiene			
23/12/2021	आवास की शक्ति	Lighting / storage area				
24/12/2021						
25/12/2021						
26/12/2021						
27/12/2021						
28/12/2021						
29/12/2021	आवास की शक्ति - प्रकाश	Work simplification - Def	Environmental hygiene			
30/12/2021	आवास की शक्ति - आवास	Procedure & Technology of Def	Communicable def			
31/12/2021	आवास की शक्ति - प्रकाश	Process chart - pathway chart	Water borne def			

RECORDS

January 2022

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/01/2022	S	U N D A Y			
02/01/2022	Human Development	Clothing & Textile - <sup>later</sup>	air - importance		
03/01/2022	Child Growth	Fabrics - <sup>later</sup>	purification		
04/01/2022	Principles of Development	Classification of fibres	ant-borne b/ds		
05/01/2022	Dif. Impact of climate	Animal sources / plant sources	water - importance		
06/01/2022	Factors affecting child dev.	Man-made fibres	publications		
07/01/2022	Heridity & Environment	Synthetic fibres			
08/01/2022	S	U N D A Y			
09/01/2022	Stages of development	Mineral fabrics	Home Nursing - principles		
10/01/2022	Physiology of Pregnancy	Physical examinations of fibre	Qualities of N/urse		
11/01/2022	U, "	Chemical "	Responsibilities of Nurse		
12/01/2022	"	Silk fabrics	Selection of silk Room		
13/01/2022	Pre-natal / Infancy	Wool fabrics	patient care practices		
14/01/2022	Childhood	Cotton fabrics	Demonstrate Role of Nurse		
15/01/2022	S	U N D A Y			
16/01/2022		Characteristics of wool			
17/01/2022	Adolescent -	General Terminology	First Aid M/w		
18/01/2022	pre-natal growth	related to fabrics	bandage		
19/01/2022	" Development -	weaves - <sup>later</sup>	lace backing		
20/01/2022	Sources of stressors	Classification of weaves	Slings		
21/01/2022	Factors of stressors	Unit Test - IV	accidents & M/w	Unit Test - IV	
22/01/2022	S	U N D A Y			
23/01/2022	Delivery process & stage	Types of weaves	poison / breeding		
24/01/2022	Normal & Cesarean delivery	Plain weaves	Burns and scalds		
25/01/2022	Reproductive	Dy	fracture splinting		
26/01/2022	Adjustment of New Env.	Twill weaves	Home Sc - concept, goals & areas		
27/01/2022	Physical Development Infant	Satin weaves / seton weaves	Principle & objectives Ex. Edu.		
28/01/2022	Sensory & Motor Develop -	Tackled weaves	Qualities of Extension worker		
29/01/2022	S	U N D A Y			
30/01/2022	Characteristics of Infant -	pile weaves	Extension Education process		
31/01/2022	behavior				

February 2022

Date	BA - III	BA - II	BA - I	Other activity	Remarks
01/02/2022	Characteristics of adolescent child rearing	Printing - Types Block printing Stencil	Appellate towards HSC Matriculation towards HSC Family living Job opportunities in HSC National agencies E.HSC		
02/02/2022	Physical Growth	Screen printing S U N D A Y			
04/02/2022	Development Internal organ	Discharge Rates Methods of printing Tie & Dye - 1979	International collaboration WHO / ICMR CARE		
05/02/2022	Motor activities	features of Tie & Dye Tie & Dye Methods process of Tie & Dye S U N D A Y	ICAR ICDS ICSSR		
06/02/2022	Motor skills	Ice dye	ICMR		
07/02/2022	Emotional behavior	Tie dye with bleed	IRDP		
08/02/2022	Factors affecting growth	How to tie dye	Adult Education Child Education		
09/02/2022	Physical growth HT, NT Growth & development of Internal organs	Basic fabric finishes Special fabric finishes	Women Education Non-Formal Education		
10/02/2022					
11/02/2022					
12/02/2022					
13/02/2022	characteristics spinal emotions				
14/02/2022					
15/02/2022					
16/02/2022	Alliteration				
17/02/2022	Anger				
18/02/2022	Fear				
19/02/2022	Jealousy & worries	S U N D A Y			
20/02/2022	Factors affecting social development	Textile finishing process Dyeing & mangle Souring / Bleaching	Curriculum Planning Components - Planning imp learning Planning evaluation Planning process Planning structure		
21/02/2022	Development of Intelligence	Souring / Bleaching Mordanting / Singeing Dyeing / Mordanting / Glazing S U N D A Y			
22/02/2022	Thomson's theory				
23/02/2022	"				
24/02/2022	"				
25/02/2022	Thomson's theory				
26/02/2022	"				
27/02/2022	"				
28/02/2022	Themes regarding Intelligence	Coloring / Embroidery	Written Ref		
29/02/2022					
30/02/2022					

PRECEBA  
Dist. Educ. Officer (G.O.)

Online study

RECORDS

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/03/2022	Meaning of play	Meaning of laundry	Types of laundry	Hisc Education Policy	} Makshirvats Holiday
02/03/2022	Work and play	Methods of laundry	Person of washing	Relevance to Home Science	
03/03/2022	Theories of play	Scap washing	S U N D A Y	Programme planning concept	} Practical session / classes
04/03/2022	Characteristics of child play	dry washing	Kalay and Indisa	Practical preparation	
05/03/2022	Habit formation	Pre final Test / Examinations			
06/03/2022	Habit & Learning	S U N D A Y			
07/03/2022	Habit formation	Spain removing	Disposal - types of washing	Programme planning	} Habif festival
08/03/2022	Habit formation	Washing	Classification of colors	Principles / objectives	
09/03/2022	Habit formation	Uses in disposal - fibres			
10/03/2022	Habit formation	S U N D A Y			
11/03/2022	Habit formation	Apparel - Intro	Apparel & personality	C-operative extension work	
12/03/2022	Habit formation	Apparel & personality	Selection of apparel		
13/03/2022	Habit formation	Dyeing / Dyeing method	Dyeing tests		
14/03/2022	Habit formation	Examination			
15/03/2022	Habit formation	S U N D A Y			
16/03/2022	Habit formation	Scope of Home Science	Broad area of Home Science		
17/03/2022	Habit formation	Attitude towards HSC	Watter Test		
18/03/2022	Habit formation				
19/03/2022	Habit formation				
20/03/2022	Habit formation				
21/03/2022	Habit formation				
22/03/2022	Habit formation				
23/03/2022	Habit formation				
24/03/2022	Habit formation				
25/03/2022	Habit formation				
26/03/2022	Habit formation				
27/03/2022	Habit formation				
28/03/2022	Habit formation				
29/03/2022	Habit formation				
30/03/2022	Habit formation				
31/03/2022	Habit formation				

31-3-22

Date	B.A - II	B.A - II	B.A - I	Other Activity	Remarks
01/04/2022	Vitamins - Introductory	Plackets opening	Synopsis		
02/04/2022	functions of vitamins	Fasteners	Chk disorders		
03/04/2022	Fed soluble vitamins	Method of marking	Neuron system structure		
04/04/2022	water soluble vitamins	dry marking	" Neuron system function		
05/04/2022	Sprouting (germination)	Basic fabric finishes	" Neuron cells		
07/04/2022	Fermentation	Tie and dye methods	Afferent & efferent Nerves		
08/04/2022	Cooking Methods	Difference - types of painting	Special Senses		
09/04/2022		SUNDAY			
10/04/2022	Food Service Management	Types of weavers	Blood Group		
11/04/2022	Indian Sweets	Classification of weavers	Immunity		
12/04/2022	Notes/Diagrams	Model projects	Allopathy		
13/04/2022	Dr. Anbeekar Jayant	Good Friday	Nature's Toys		
14/04/2022		SUNDAY			
15/04/2022		Family budget -	Personal hygiene		
16/04/2022		process clay / pottery clay	social hygiene		
17/04/2022		Family resources	Environmental hygiene		
18/04/2022		Principles & elements of	Industrial hygiene		
19/04/2022		Flower decoration			
20/04/2022		SUNDAY			
21/04/2022		Home decor accessories	Extension Education		
22/04/2022		Decision making	Qualities of emp. mkr		
23/04/2022		Value, goals and standards.	Principles and methods of Hisc. Edt. Education		
24/04/2022			Principles of Community Dev.		
25/04/2022					
26/04/2022					
27/04/2022					
28/04/2022					
29/04/2022					
30/04/2022					

Two days National Seminar  
of Chamba  
Arabi Kd Arts  
Exam preparation  
Exam Day

Maharaja  
National Mahara  
Day

Board