

Daily Diary /
TEACHING RECORDS

Ajay Kumar Patel
(Asstt. Professor)

HOME SCIENCE
Govt. Indira Kenwaf Girls College
Kanker (C.G.)

2017-18


PRINCIPAL
Govt. Girls College Kanker
Distt. Kanker (C. G.)

Govt. Indira Kanya Coll:
Muz. Durgam Chauri

College for Women (C.G.)
Sec 22
No. 10/11/19

10/11/19
10/11/19

Date	B.A.-I	B.A.-II	B.A.-III	Remarks
01/09/12				
02/09/12				
03/09/12				
04/09/12				
05/09/12				
06/09/12				
07/09/12				
08/09/12				
09/09/12				
10/09/12				
11/09/12				
12/09/12				
13/09/12				
14/09/12				
15/09/12				
16/09/12				
17/09/12				
18/09/12				
19/09/12				
20/09/12				
21/09/12				
22/09/12				
23/09/12				
24/09/12				
25/09/12				
26/09/12				
27/09/12				
28/09/12				
29/09/12				
30/09/12				

Principal
Govt. Indira Kanya Coll.
Muz. Durgam Chauri

Govt. JNU New Delhi
 Mark sheet
 2018

College Kanhera (CG)
 Records
 The month/day

March 2018

Date	S.A. - I	S.A. - II	S.A. - III	Other Activities	Remarks
01/03/18		H O L I D			
02/03/18					
03/03/18		S U N D			
04/03/18	H.Sc. education policy				
05/03/18	Reference to H.Sc.				
06/03/18	Programme planning concept				
07/03/18					
08/03/18					
09/03/18	Scope of H.Sc.				
10/03/18	Grand idea of H.Sc.	S U N D			
11/03/18	CNS disorders/ functions				
12/03/18	Special sense				
13/03/18	Afferent - Efferent Nerves				
14/03/18	CVS				
15/03/18	Respiratory system				
16/03/18	Reproductive system				
17/03/18		S U N D			
18/03/18	Ext. Edu. process				
19/03/18	Qualities of ext. workers				
20/03/18	Principles of community				
21/03/18	Immunity				
22/03/18	Personal Hygiene				
23/03/18	Social Hygiene	S U N D			
24/03/18					
25/03/18	Co-operative Ext. work				
26/03/18	Programme planning				
27/03/18	Principles/ steps				
28/03/18					
29/03/18					
30/03/18					
31/03/18					

International Women's Day Celebration

Entire classes / coaching / tutorial
 19-21 March 2018

PRINCIPAL
 Govt. Girls College Kanhera
 Dist. Kanhera (C. O.)

TEACHING RECORDS
(Daily Diary)
2021 - 2022

Home Science
(BA - I / BA - II / BA - III)

Ajay Kumar Patel
(Assistant professor)

Govt. Indira Kanya Girls College
Kanker (C.G.)

Date	BA - II	BA - I	Other Activity	Remarks
07/08/2021	BA - III	S U N D A Y		
08/08/2021		Introduction of Human Resource Management		
09/08/2021		Human Resource		
10/08/2021		Physics/ resources		
11/08/2021		Psychology hierarchy of needs		
12/08/2021		S U N D A Y		
13/08/2021		Home M/n process		
14/08/2021		Role of home wife		
15/08/2021		Responsibilities home wife		
16/08/2021		S U N D A Y		
17/08/2021		Value		
18/08/2021		Goal		
19/08/2021		Status / status		
20/08/2021		Meaning, needs & importance of value, goal & status		
21/08/2021		S U N D A Y		
22/08/2021		Characteristics of value goal		
23/08/2021		Characteristics		
24/08/2021		Silent features		
25/08/2021		Decision making		
26/08/2021		Problem in decision making		
27/08/2021		S U N D A Y		
28/08/2021		Jann srfam		
29/08/2021				
30/08/2021				
31/08/2021				

Dr. D. K. Bhat
 Govt. D. K. Bhat College of Arts & Sciences
 D. K. Bhat College of Arts & Sciences

RECORDS

September - 2021

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/09/2021	Fats & its functions	Deviation marking process			
02/09/2021	Minerals/Elements	" "	Cells and their structure		
03/09/2021		" "	fish		
04/09/2021		" "	Types of bones		
05/09/2021	Water & its function	Home decoration - type	classification of bones		
06/09/2021	Protein - comparison	principles of art	structure of bones		
07/09/2021	Protein - function	elements of art	function of bones		
08/09/2021		" "	Demeritization of bones		
09/09/2021		General characteristics			
10/09/2021	Test	Test			
11/09/2021		N D A Y			
12/09/2021	Saturated fatty acids	Design - Intro	Muscular system - Introduction		
13/09/2021	Unsaturated fatty acids	principles of design	General structure		
14/09/2021	Protein deficiency	creative design	Types of muscle		
15/09/2021	Water soluble vitamins	Decorative design	function of muscle		
16/09/2021	Fat soluble vitamins	Differential design	Muscle mass comparison		
17/09/2021	Importance of vitamins	Unit Test - I	Unit Test II		
18/09/2021	Importance of vitamins	Unit Test - I			
19/09/2021	Importance of vitamins	Unit Test - I			
20/09/2021	Importance of vitamins	Unit Test - I			
21/09/2021	function of vitamins	Unit Test - I			
22/09/2021		Unit Test - I			
23/09/2021		Unit Test - I			
24/09/2021		Unit Test - I			
25/09/2021		Unit Test - I			
26/09/2021		Unit Test - I			
27/09/2021		Unit Test - I			
28/09/2021		Unit Test - I			
29/09/2021		Unit Test - I			
30/09/2021		Unit Test - I			

29/09/2021
 30/09/2021
 01/10/2021
 02/10/2021
 03/10/2021
 04/10/2021
 05/10/2021
 06/10/2021
 07/10/2021
 08/10/2021
 09/10/2021
 10/10/2021
 11/10/2021
 12/10/2021
 13/10/2021
 14/10/2021
 15/10/2021
 16/10/2021
 17/10/2021
 18/10/2021
 19/10/2021
 20/10/2021
 21/10/2021
 22/10/2021
 23/10/2021
 24/10/2021
 25/10/2021
 26/10/2021
 27/10/2021
 28/10/2021
 29/10/2021
 30/10/2021

Dr. P. Ramesh Kumar
 Dist. Coll. Educ. (G.O.)
 Dist. Coll. Educ. (G.O.)

October - 2001

Date	RA - III	RA - II	RA - I	Other activities	Remarks
01/10/2001					
02/10/2001					
03/10/2001					
04/10/2001					
05/10/2001					
06/10/2001					
07/10/2001					
08/10/2001	function of B-complex types of B-complex	Effects of colour colour combination	Circulatory system - Introducti Artery structure		
09/10/2001	S	U N D A Y	Vein structure		
10/10/2001	Deprive Macromineral	Primary colour Secondary colour	composition of blood		
11/10/2001	Ca, Fe, I	Resterny colour	function of blood		
12/10/2001	Phosphorus, chloride	Base colour	types of blood		
13/10/2001	Anaemia				
14/10/2001					
15/10/2001					
16/10/2001					
17/10/2001	S	U N D A Y			
18/10/2001					
19/10/2001		Eid - Miladun Nabi			
20/10/2001	Protein-energy Malnutrition		Blood group		
21/10/2001	Dehydration		RK festival		
22/10/2001	Unit Test - II	Unit Test - II	Respiratory system		
23/10/2001	S	U N D A Y	Unit Test - II Introduction		
24/10/2001					
25/10/2001	GRAIN OR OFFICE	Furniture - Intro	Organ of RS		
26/10/2001	F-Food groups	Selection of furniture	Nose, mouth		
27/10/2001	Classification of food gr.	Importance of furniture	Salivary trachea		
28/10/2001	Cereals, pulses	Different furniture material	Green Exchange		
29/10/2001	Perboling process	Home decor accessories	Respiratory tree		
30/10/2001	Milling of rice	Caravan	functions of RS		
31/10/2001	Health benefits of Perboling	Table cloth			

Other activities
Relaxation
course
Have Science

PRIN
HRT

RECORDS

November - 2020

Date	Topic	Sub-Topic	Notes	Remarks
01/11/2021	B4 - II	Clinical & Therapeutic Nutrition - Infection	Flower decoration - Infection	
02/11/2021	B4 - II	" " Principles	" " Principles	
03/11/2021	B4 - II	diurnal diet -	" " uses & Importance	
04/11/2021	B4 - II	Semi-solid diet -		
05/11/2021	B4 - II	Soft diet -		
06/11/2021	B4 - II			
07/11/2021	B4 - II			
08/11/2021	B4 - II			
09/11/2021	B4 - II			
10/11/2021	B4 - II	Digesters - Curves, sign & symp	Chlat Pusa	
11/11/2021	B4 - II	Medical and Nutrition Management -	Family resources	
12/11/2021	B4 - II		classification of resources	
13/11/2021	B4 - II		Features of resources	
14/11/2021	B4 - II	Anemia	Factors affecting the use of Resources	
15/11/2021	B4 - II	A-vitaminosis	Time concept	
16/11/2021	B4 - II	Protein - celovic Malnut	Time Management	
17/11/2021	B4 - II	Overweight	Guru Nanak Jayanti	
18/11/2021	B4 - II			
19/11/2021	B4 - II			
20/11/2021	B4 - II	Unit test - III	Unit test - III	
21/11/2021	B4 - II			
22/11/2021	B4 - II	liver ds - Types causes	Management - tools	
23/11/2021	B4 - II	" + Sign & Symptom	Resource & time M/N	
24/11/2021	B4 - II	" " Dietary management	Time management plan	
25/11/2021	B4 - II	Peptic ulcer	" "	
26/11/2021	B4 - II	Indigestion	power dissipation	
27/11/2021	B4 - II	Diabetes & dysuria	Resf	
28/11/2021	B4 - II	Constipation	N D A Y	
29/11/2021	B4 - II	High blood pressure	Value of power in various household task	
30/11/2021	B4 - II			
01/12/2021	B4 - I	Digestive system - Introduction	General introduction of Nutrients	
02/12/2021	B4 - I	Salivary gland	structure of stomach	
03/12/2021	B4 - I	Mouth, teeth structure	" " Riven	
04/12/2021	B4 - I		structure of spleen	
05/12/2021	B4 - I		Gastric juice / Enzyme	
06/12/2021	B4 - I		Small & large intestine	
07/12/2021	B4 - I		pancreas - functions	
08/12/2021	B4 - I			
09/12/2021	B4 - I			
10/12/2021	B4 - I			
11/12/2021	B4 - I			
12/12/2021	B4 - I			
13/12/2021	B4 - I			
14/12/2021	B4 - I			
15/12/2021	B4 - I			
16/12/2021	B4 - I			
17/12/2021	B4 - I			
18/12/2021	B4 - I			
19/12/2021	B4 - I			
20/12/2021	B4 - I			
21/12/2021	B4 - I			
22/12/2021	B4 - I			
23/12/2021	B4 - I			
24/12/2021	B4 - I			
25/12/2021	B4 - I			
26/12/2021	B4 - I			
27/12/2021	B4 - I			
28/12/2021	B4 - I			
29/12/2021	B4 - I			
30/12/2021	B4 - I			

BA - III

BA - II

BA - I

RECORDS

December - 2021

Date	BA - III	BA - II	BA - I	Other activity	Remarks
01/12/2021	Neuro planning	Power dissipation problem	functions of skin		
02/12/2021	principles of Neuro planning	Income - Inks	Neuron system - Intra		
03/12/2021	Affecting stability of m.p. plan	Sources of Income	Structure of Neurons		
04/12/2021	Types of Neuron	Types of Income	Synaptic structure & function		
05/12/2021	S	R B A			
06/12/2021	Neuro planning based on	Family budget -	Central Nervous System		
07/12/2021	Economically, stability	Savings	Peripheral Nervous System		
08/12/2021	Factors affecting stability of m.p. plan	Expenditure	Sensory & Motor nerves		
09/12/2021	Expenditure of m.p. plan	Levels of living standards	functions of nerves		
10/12/2021	4 types of m.p. plan	Account keeping	Rest		
11/12/2021	Exclusive brief feeding	" " "	Dementiable Nerves		
12/12/2021	S	N D A R			
13/12/2021	गणना का विषय	Kitchen - Inks	Special senses - Intro		
14/12/2021	विश्लेषण के विषय	Modern kitchen	Structure & function - Ear		
15/12/2021	वैश्विक शक्ति के विषय	Types of kitchen	" " "		
16/12/2021	वेद्योपकरण के विषय	Area of kitchen	" " "		
17/12/2021	उपकरणों के विषय	Fuel - Inks	" Tongue		
18/12/2021	सामान्य शक्ति विषय	Conventional & nonconventional	" " " " " " " " " "		
19/12/2021	S	N D A R			
20/12/2021	शक्ति के उपकरणों के विषय	Solar energy	Dermal hygiene		
21/12/2021	शक्ति के विषय	Water distribution system	Oral hygiene		
22/12/2021	गह गह	Air ventilation	Industrial hygiene		
23/12/2021	युक्तिक नया विधि के विषय	Lighting / storage area	Chlorine		
24/12/2021			Hydrogen		
25/12/2021					
26/12/2021					
27/12/2021					
28/12/2021	शक्ति प्रयोग - प्रकाश विद्युत	Work simplification - Def	Environmental hygiene		
29/12/2021	शक्ति के विषय, शक्ति, शक्ति	Procedure & Technology of Def	Communicable def		
30/12/2021	शक्ति	Process chart -	Water borne def		
31/12/2021	उच्च शक्ति विषय	Pathway chart			

RECORDS

January 2022

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/01/2022	S	U N D A Y			
02/01/2022	Human Development	Clothing & Textile - Intro	fir - Importance		
03/01/2022	Child Growth	Fabrics - Intro	Purification		
04/01/2022	Principles of Development	Classification of fibres	Ant-borne b/ds		
05/01/2022	Di. Impact of climate	Anim. sources / plant sources	water - Importance		
06/01/2022	Factors affecting child dev.	Man-made fibres	publications		
07/01/2022	Heridity & Environment	Synthetic fibres			
08/01/2022	S	U N D A Y			
09/01/2022	Stages of development	Mineral fabrics	Home Nursing - principles		
10/01/2022	Physiology of Pregnancy	Physical examinations of fibre	Qualities of Nurse		
11/01/2022	U	Chemical	Responsibilities of Nurse		
12/01/2022	"	Silk fabrics	Selection of silk Room		
13/01/2022	Prenatal / Infancy	Wool fabrics	Patient care practices		
14/01/2022	Childhood	Cotton fabrics	Demonstrate Role of Nurse		
15/01/2022	S	U N D A Y			
16/01/2022		Characteristics of wool			
17/01/2022	Adolescent -	General Terminology	First Aid M/w		
18/01/2022	Primary growth	related to fabrics	Bandage		
19/01/2022	" Development -	weaves - Intro	Ice packing		
20/01/2022	Sources of strength	Classification of weaves	Slings		
21/01/2022	Factors of strength	Unit Test - IV	accidents & M/w		
22/01/2022	S	U N D A Y			
23/01/2022	Delivery process & stage	Types of weaves	Down / breeding		
24/01/2022	Normal & Cesarean delivery	Plain weaves	Burns and scalds		
25/01/2022	Reproductive	Wool	fractures / sprains		
26/01/2022	Adjustment of New Env.	Twill weaves	Home Sc - concept, goals & areas		
27/01/2022	Physical Development Infant	Satin weaves / seton weaves	Principle & objectives Ex. Edu.		
28/01/2022	Sensory & Motor Develop -	Tacked weaves	Qualities of Extension worker		
29/01/2022	S	U N D A Y			
30/01/2022	Characteristics of Infant -	pile weaves	Extension Education process		
31/01/2022	Behavior				

Date	BA - III	BA - II	BA - I	Other activities	Remarks
01/02/2022	Characteristics of adolescence	Printings - Types	Application towards HSC		
02/02/2022	Childhood & Adulthood	Block printing	Motivation towards HSC		
03/02/2022	Physical Growth	Stencil	Family living		
04/02/2022	Develop - Internal organ	Screen printing	Job opportunity in HSC		
05/02/2022	Motor activities	S U N D A Y	National agencies C-HSC		
06/02/2022	Motor skills	Discharge Rates			
07/02/2022	Emotional Behavior	Methods of printing	International collaboration		
08/02/2022	Factors affecting growth	Tie & Dye - 1st	WHO / ICNR		
10/02/2022	Physical growth of HT, NT	Features of Tie & Dye	ICAR		
11/02/2022	Growth & development of	The 2 Dye Methods	ICDS		
12/02/2022	Internal organs	Process of Tie & Dye	ICSSR		
13/02/2022		S U D A Y			
14/02/2022	Characteristics spinal	Ice dye	ICMR		
15/02/2022	emotions	Tie dye with bleed	ICDP		
16/02/2022	Allergies	How to tie dye	Adult Education		
17/02/2022	Anger	Basic fabric finishes	Child Education		
18/02/2022	Fear	Special fabric finishes	Women Education		
19/02/2022	Technology & waves	S U D A Y	Non-Formal Education		
20/02/2022					
21/02/2022	Factors affecting	Textile finishing process	Curriculum Planning		
22/02/2022	social development	Burling & mending	Components		
23/02/2022	Development of	Sewing / Bursking	Planning implementation		
24/02/2022	Intelligence	Becking / Napping / Steaming	Planning Evaluation		
25/02/2022	Thom like theory	Mercerization / Singeing	Planning Process		
26/02/2022	"	Dyeing / Mordanting / Glazing	Planning Structure		
27/02/2022	"	S U N D A Y			
28/02/2022	Theories regarding	Coloring / Embroiding	Written Ref		
29/02/2022	Intelligence				

Online Study

PRESCRIBED
Govt. Girls College Bada
Dist. Bada (O.G.)

RECORDS

March 2022

DATE	BA - III	BA - II	BA - I	Other activities	Remarks
01/03/2022	Meaning of play	Meaning of laundry	Hisc Education Policy		} Makshirvats Holiday
02/03/2022	Work and play	Types of laundry	Relevance to Home Science		
03/03/2022	Theories of play	Methods of laundry	Programme planning concept		
04/03/2022	Characteristics of child play	Process of washing			
05/03/2022		S U N D A Y			
06/03/2022	Habit formation	Scap washing	Practical preparation		} Practical session / classes
07/03/2022	Habit & Learning	Dry washing			
08/03/2022	Habit formation	Kalay and Indisa			
09/03/2022	Roles & Principles				
10/03/2022	Levels of habit formation				
11/03/2022					
12/03/2022					
13/03/2022	Importance of play	Pre final Test / Examinations			
14/03/2022	Function performed by habit	S U N D A Y			
15/03/2022	Children delinquency	Spam removing	Programme planning		} Holi festival
16/03/2022	"	Different types of washing	Principles / objectives		
17/03/2022	"	Classification of colors	steps		
18/03/2022	"	uses in different fabrics			
19/03/2022					
20/03/2022		S U N D A Y			
21/03/2022	Types of child delinquency	Apparel - Intro	Co-operative Extension work		
22/03/2022	Causes of " "	Apparel & personality			
23/03/2022	Remedial measures	Selection of apparel			
24/03/2022	Child delinquency	Dyeing / Dyeing method			
25/03/2022	Final practices	Dyeing tests			
26/03/2022		Examination			
27/03/2022		S U N D A Y			
28/03/2022	Child rights and protection	Stitching - Types & Method	Scope of Home Science		
29/03/2022	Quiz	Stitching Material	Broad area of Home Science		
30/03/2022	Waffle test	Dart / Plecter	Attitude towards HSC		
31/03/2022		Tucks / Gathers	Waffle Test		

PRINCIPALS
Govt. Girls College, G.O. Dist. Kanker (O.S.)
31-3-22

Date	B.A - III	B.A - II	B.A - I	Other Activity	Remarks
01/04/2022	Vitamins - Introductory	Plackets opening	Synopsis		
02/04/2022	functions of vitamins	Fasteners	Chk disorders		
03/04/2022	Fed soluble vitamins	SUNDA Y	Neuron system structure		
04/04/2022	water soluble vitamins	Method of marking dry marking	" Neuron system function		
05/04/2022	Sprouting (germination)	Basic fabric finishes	" Neuron cells	Extra classes / Coaching / Remedial / Tutoring	
07/04/2022	Fermentation	Tie and dye methods	Afferent & efferent Nerves		
08/04/2022	Cooking Methods	Difference - types of painting	Sensory Senses		
09/04/2022	"	SUNDA Y			
10/04/2022	Food Service management	Types of weavers	Blood Group		
11/04/2022	Indian system	Classification of weavers	Immunity		
12/04/2022	Model / Diagrams	Modeling / stitching	blood clotting		
13/04/2022	Dr.	Anbeekar Jayanti	Nalanda Jayanti		
14/04/2022	"	Good Friday			
15/04/2022	"	SUNDA Y	Personal hygiene		
16/04/2022	"	Family budget -	social hygiene		
17/04/2022	"	process clay / pottery clay	Environmental hygiene		
18/04/2022	"	Family resources	Industrial hygiene		
19/04/2022	"	Principles & elements of Fibres of cotton			
20/04/2022	"	Flower decoration			
21/04/2022	"	SUNDA Y			
22/04/2022	"	Home decor accessories			
23/04/2022	"	Decision making	Extension Education Program		
24/04/2022	"	Value, goals and standards.	Qualities of emp. worker		
25/04/2022	"		Principles and methods of Hisc. Ext. Education		
26/04/2022	"		Principles of Community Dev.		
27/04/2022	"				
28/04/2022	"				
29/04/2022	"				
30/04/2022	"				

Two days National Seminar

of clamping

Arabic Rd Arts

Exam preparation

Exam Day

Market

Notes

Board

Principal

Dr. K. S. Kumar